

Welcome to January's edition of the QU-H CPD-HP newsletter, our monthly publication to update the healthcare community of our latest CPD activities and an opportunity to connect with local & international partners.

## Chair's update



Although 2020 was a challenging year, our team provided a significant number of CPD activities to address the learning needs of our health care professionals and wider audience of learners. Thanks to so many of you who we were able to

participate and contribute to our CPD efforts. As we begin 2021, we look forward to continuing our commitment to support your professional development!

## Recent QU-H CPD-HP activity

Last semester we successfully transitioned our CPD programs online; delivering 17 informative and interactive webinars between Sep - Dec 2021. Earlier this month, we conducted a satisfaction survey of our members and received very positive feedback for our recent efforts supporting your CPD with more than 98% of respondents indicating positive satisfaction to all aspects of our programs including registration, content, use of the website, and scheduling. We continue to strive to meet your needs in delivering high-quality, learner-focused CPD activities and welcome your feedback at any time during the academic year.

*One quality of leaders and high achievers in every area seems to be a commitment to ongoing personal and professional development.*

Brian Tracy. Professional Speaker & Author.

## Upcoming QU-H CPD-HP activities

Beginning Feb 2021, we will be delivering 2 exciting and highly relevant CPD series: Ethics in Health Delivery (3-part series Feb 14-21) and Diabetes Care and Management (6-part series Feb 23-Apr 6). Both

series have been carefully developed to meet the local learning needs and will be delivered by teams of local and international experts.

Registration is now open and we look forward to welcoming you.

## How to maximize your learning in attending a CPD webinar?



QU-Health CPD Specialist Ms Sahar Shamseddine shares her tips on how to maximize your learning in attending a CPD Webinar.

**Choose your webinars carefully:** There are many webinars being offered and your time is limited, so carefully consider how much value each will provide you before registering.

**Watch the webinar in a group:** Watching in a group will help you to stay focused and it allows for rich group discussion after the activity.

**Take and share notes:** This will help you to maintain attention, and sharing your notes will encourage you to present them in such a way for others to understand, which will help in consolidating your learning.

**Ask questions:** Most webinars will facilitate interaction with the presenters, take this opportunity to ask questions on the content- this can help generate rich discussion and also encourages the participation of other learners.

**Create a conducive learning environment:** Turn off your phone, shut down your email, close your browser, and top-up your coffee- try to remove any distractions before you sit down to enjoy and maximize the learning experience.



SCAN ME

Sun 14 <sup>th</sup> Feb 6-8pm	<b>Ethics in Healthcare Delivery Series part 1:</b> Introduction to medical ethics
Tues 16 <sup>th</sup> Feb 6-8pm	<b>Ethics in Healthcare Delivery Series part 2:</b> Genetics, genomics and Islamic ethics.
Sun 21 <sup>st</sup> Feb 6-8pm	<b>Ethics in Healthcare Delivery Series part 3:</b> Contemporary ethical issues in healthcare delivery
Tues 23 <sup>rd</sup> Feb 6-8pm	<b>Diabetes Series part 1:</b> Diabetes: The disease, diagnosis, classification and management
Tues 2 <sup>nd</sup> Mar 6-8pm	<b>Diabetes Series part 2:</b> Diabetes medication review and optimization
Tues 9 <sup>th</sup> Mar 6-8pm	<b>Diabetes Series part 3:</b> Managing Type 1 Diabetes
Tues 23 <sup>rd</sup> Mar 6-8pm	<b>Diabetes Series part 4:</b> Nutrition and lifestyle management in diabetes
Tues 30 <sup>th</sup> Mar 6-8pm	<b>Diabetes Series part 5:</b> Supporting self-management of diabetes
Tues 6 <sup>th</sup> April 6-8pm	<b>Diabetes Series part 6:</b> Assessing and managing complications of diabetes

**Full details and registration to all events**  
<http://www.qu.edu.qa/health/CPD-HP/calendar>

Note: Free open-access to all CPD Webinars is now available to everyone and can be accessed by selecting the *open-access option* on the registration page.

(Note: CPD points are only available for paying registrants)

## How to get involved

QU-H CPD-HP welcomes and values the input of all stakeholders. If you have a CPD idea that you would like to propose, please complete and submit the [CPD proposal form](#). We can help you identify local experts to work with in developing your ideas.

If you have a keen interest in CPD and would like to be more involved with the CPD community; you can contact us and consider joining our stakeholder committee.

## How to contact us

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