



# QU HEALTH ANNUAL INTERPROFESSIONAL EDUCATION NEWSLETTER

Issue 1, June, 2018

## Message from the Chair

Welcome to the first annual IPE newsletter which I am pleased to share with you to learn about the different IPE initiatives that have taken place over this academic year. Formal IPE initiatives in Qatar are coordinated and organized by QU Health Interprofessional Education Committee (IPEC) with representation from fourteen programs across the four healthcare universities in Qatar including Qatar University (Health Colleges), Weill Cornell Medicine - Qatar, University of Calgary - Qatar and College of North Atlantic - Qatar. We are proud of having another successful academic year for IPE with a total of seven IPE events related to the curricula engaging 831 students and over 100 facilitators and two extra curricula IPE events including the Third Annual IPE forum hosted by the IPE Student Association. I appreciate the great support and commitment from the Deans, IPEC members and all the facilitators who were and are still instrumental to the program success. Thanks to all the students who have participated in our programs. I am very optimistic about the future of collaborative practice in Qatar and confident that our students will be drivers for positive change in the health care sector.

*Dr Alla El-Awaisi, QU Health Chair of IPEC*

## IPE Events This Academic Year

### 1. DIABETES CASE-BASED IPE

@ University of Calgary - Qatar (02/11/2017)

A total of 100 enthusiastic students from different health professions including pharmacy, biomedical sciences and nursing participated in diabetes case-based IPE activity at the University of Calgary on November 2<sup>nd</sup>, 2017. The activity aimed to teach students how to provide care for a patient with diabetic ketoacidosis in a collaborative and integrative manner. The activity would not be of great success without the guidance of 16 health facilitators. To know more about this event, please [click here](#).

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*“It was helpful to discuss the topic with students from other professions that have different knowledge, and although we were all at a similar level, each one had a different point of view and care priorities, so it was good to hear from others and see what is going through their minds”.*

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## ANOTHER GREAT SUCCESSFUL YEAR FOR IPE

Formal IPE activities have taken place since 2014. These activities are coordinated through the Interprofessional Education Committee (IPEC). This academic year summed a total of seven curricula IPE activities and two extra curricula activities engaging around 1000 students and over 100 facilitators.





## QU HEALTH INTERPROFESSIONAL EDUCATION COMMITTEE (IPEC)

IPEC was established to jointly design, implement and evaluate IPE initiatives at QU Health working alongside other healthcare programs in Qatar. The committee oversees the integration of interprofessional education within all the curricula at QU Health and to promote awareness for IPE and interprofessional collaboration in Qatar and the Middle East.

Learning outcomes for all the IPE activities are based on the IPE Shared Core Competencies developed for the Qatar context. These are:

1. Role clarification
2. Interprofessional communication
3. Patient and family centered care
4. Shared decision making

For more information about the IPE shared competency, please [click here](#).

## 2. INTRODUCING IPE I

@ Qatar University (13/11/2017)

One hundred sixty-seven fresh students from the following professions at Qatar University: pharmacy, medicine, public health, nutrition and biomedical sciences participated in their first ever activity on IPE. The aim of this session was to introduce the concept of IPE to students and to enable them to learn how to be part of a professional health care team and communicate in a collaborative and culturally sensitive manner. The activity was assisted by 21 amazing facilitators. For more details, please check [this link](#).

## 3. SMOKING CESSATION

@ Qatar University (03/12/2017)

An IPE event focusing on smoking cessation engaged around 90 students from medicine, pharmacy, nursing, and public health students and 16 facilitators. Students were introduced to the topic of smoking cessation, motivational interviewing, and the importance of collaboration between health care professionals to ensure a healthier society. The students were also engaged in addressing the issue of smoking cessation through an interactive case. For more information, please [click here](#).

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*“It really increased my understanding through knowing others’ perspective on the topic according to their major, how they deal with it, and how they work on it to reach the main goal through the different majors”.*

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## 4. INTRODUCING IPE II

@ Weill Cornell Medicine - Qatar (25/02/2018)

Nine facilitators and 123 students from QU College of Pharmacy, University of Calgary- Qatar, College of North Atlantic - Qatar, and Weill Cornell Medicine – Qatar were engaged effectively in the second introductory session on IPE. Students learnt about the importance of understanding systems and the effect of its complexity on patient care and health care team. Students engaged in an icebreaker game and solved a patient case.

## 5. BEING AN EFFECTIVE TEAM PLAYER

@ College of North Atlantic - Qatar (04/03/2018)

In the beginning of the spring semester 2018, more than 140 students and 21 facilitators from the College of North Atlantic, QU Health (Colleges of Pharmacy, Health Sciences and Medicine) and University of Calgary participated in this activity. The activity aimed to improve communication across participating students as future health care providers, as well as provide the foundations for working collaboratively in patient care. For more info, please [click here](#).

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*“Before the IPE session, I was thinking that each profession can separately deal and manage the patient. However, after the IPE session my perspective changed! My knowledge of other professionals increased and although each of us has their own unique role, we must collaborate together for better outcome”.*

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## 6. IPE MENTAL HEALTH SIMULATION

@ University of Calgary - Qatar (15/03/2018)

Sixty-two pharmacy and nursing students and nine facilitators participated in this IPE simulation activity focused on mental health. Students had simulated cases of patients with mental conditions and they had to interact with them in the most effective and collaborative manner. They learnt how to use therapeutic communication strategies (open-ended questions, silence, non-verbal cues and others), assess for suicidal ideation and communicate clearly with patients.

## 7. ANTIMICROBIAL STEWARDSHIP

@ Qatar University (06/05/2018)

This was the first interprofessional activity in Qatar around the topic of antimicrobial stewardship. Almost 150 pharmacy, nutrition, biomedical and medicine students were engaged in this activity, with the aid of 18 proactive facilitators. The activity enhanced the discussion within each group on what role each profession plays in antimicrobial stewardship followed by case-based discussion. For more information about this event, please [click here](#).

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## EXTRA CURRICULA EVENTS

### 1. Second edition of the Academy for Emerging Leaders in Patient Safety

@ World Innovation Summit for Health (03-07/10/2017)

This was an extracurricular activity organized by the World Innovation Summit for Health (WISH). Participants were from Weill Cornell Medicine-Qatar, University of Calgary in Qatar, College of North Atlantic in Qatar, Qatar University, Ministry of Public Health, Hamad Medical Corporation and Sidra Medicine. For more details, [click here](#).

### 2. THIRD IPE STUDENTS SOCIETY ANNUAL FORUM

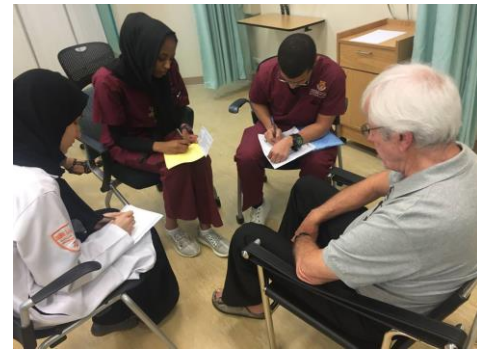
@ Qatar University (03/03/2018)

This was an extracurricular activity organized by the IPE Student Association in Qatar. It was a platform to encourage students from various healthcare disciplines to present their research results, advocate for their profession, reflect on an IPE experience, or share an IPE moment and compete in categories for best poster and oral presentation. For more details, [click here](#).

### 3. CNAQ SKILLS COMPETITION

@ College of North Atlantic - Qatar (07/03/2018)

The CNAQ Skills Competition is an interprofessional competition in collaboration with CNAQ, University of Calgary-Qatar and QU College of Pharmacy. This competition offers over 50 different skills competitions simulating a variety of real-world tasks that students will need to perform in the workplace once they graduate. For more details, [click here](#) and [here](#).



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## INTERPROFESSIONAL EDUCATION STUDENT ASSOCIATION - QATAR

IPE-SA consists of a group of healthcare students from different universities; University of Calgary, Weill Cornell Medicine-Qatar, College of North Atlantic, and Qatar University who seek to promote interprofessional education and practice among students. This is an undergraduate student lead association, first ever in Qatar, created to facilitate the interactions between the different healthcare professionals. To check their website, [click here](#).



## STUDENTS PROJECTS IN INTERPROFESSIONAL EDUCATION & COLLABORATION

Fall 2018: College of pharmacy 3<sup>rd</sup> year students: Zeinab Abedini and Shimaa Ahmed Aboelbaha conducted a research entitled: 'Perspectives of Healthcare Professionals toward Interprofessional Education and Collaborative Practice in Primary Healthcare Settings in Qatar' under the supervision of Dr Alla El-Awaisi, Dr Ahmed Awaisu, Dr Jessie Johnson and Dr Samya Al-Abdulla.

Spring 2018: College of pharmacy 4<sup>th</sup> year students: Saba Sheikh Ali and Aya Abu-Nada conducted a research entitled: 'Perspectives of Academic Healthcare Facilitators in Delivering Interprofessional Educational Activities in Qatar: A Qualitative Study' under the supervision of Dr Alla El-Awaisi, Dr Ahmed Awaisu and Dr Daniel Rainkie.



## QU Health Continuing Professional Development of Health Professional CPD Event

This CPD event entitled: 'Translation of Interprofessional Learning into Collaborative Practice: Approach to Application in Practice' was held twice. The first was held on Tuesday April 24<sup>th</sup>, 2018, at the College of Medicine in QU with around 90 participants representing different healthcare professions. The second took place on Tuesday May 7<sup>th</sup>, 2018, at Barwa Tower in Primary Health Care Cooperation with around 60 participants representing different healthcare professions. The lead facilitators were:

- **Dr. Alla El-Awaisi**, Assistant Dean for Student Affairs in College of Pharmacy, QU Health Chair of the Interprofessional Education Committee, Qatar University
- **Dr. Daniel Rainkie**, Clinical Lecturer, College of Pharmacy, Qatar University
- **Dr. Stella Major**, Associate Professor of Family Medicine in Clinical Medicine, Patient Care and Physicianship Unit Lead, Weill Cornell Medicine- Qatar
- **Ms. Amber Smith**, Nursing Instructor, University of Calgary - Qatar
- **Dr. Ahmed Awaisu**, Associate Professor of Pharmacy Practice, College of Pharmacy, Qatar University

Through video reflection and an interactive case based reflection, participants learned more and identify the benefits of interprofessional learning and collaborative practice, discuss multiple ways of communication breakdown affecting team environments and patient safety, reflect on their ability to understand and respect the role and responsibility of other healthcare professionals working in their practice setting and on ways to improve interprofessional learning and build effective teams in the healthcare setting.

"I enjoyed observing the participants' willingness to engage with other professions and confidently share their personal journeys towards ensuring patient safety at the work place."

*Dr Stella Major*

"This was a successful interprofessional event with several professions coming together and learning about each other's responsibilities. The fruitful discussions will hopefully allow teams to grow into a more open, supportive team environment leading to improved patient safety and better patient care."

*Dr Daniel Rainkie*

"It was a great event to see so many different professionals come together. With the focus on interactive team activities, I think at the end of the event this provoked participants mindset that IPE changes not only how we see 'others' as collaborators but how we see 'ourselves' as collaborators."

*Ms Amber Smith*



THANK  
YOU!

## Great Appreciation to our Amazing Facilitators

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### QU Health

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#### College of Pharmacy

Daniel Rainkie (CPH Lead Representative), Alla El-Awaisi, Shane Pawluk, Bridget Javed, Yaw Owusu, Monica Zolezzi, Ahmed Awaisu, Hazem Elewa, Sowndramalingam Sankaralingam, Banan Mukhalalati, Ashraf Khalil, Maguy El Hajj, Hager El Geed, Sandi Adib, Myriam Jaam, Sara Abdulrhim (GTA), Ganiat Animashawun (Xavier University), Karim Sbaa (Xavier University), Aya Abu Nada (CPH student), Saba Sheikh Ali (CPH student).

#### College of Medicine

Halema El Farsi (CMED Lead Representative), Nadia Al- Banna, Maha Desouki, Constantinos Deltas, Suhail Doi, Abdella Ahib, Mubarak Bidmos, Hana Taha, Karim Nagi, Suhad Daher.

#### College of Health Sciences

Mujahed Shraim (CHS Lead Representative), Mashael Nedham, Shafqat Shehzad, Asma Al Heneidy, Tamara Al Abdi, Ibrahim Mustafa, Dima Arafa, Maria Socuro Ali, Grace Attieh.

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### University of Calgary - Qatar

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Katheleen De Leon-Demare (UCQ Lead Representative), Jessie Johnson, Arlene Masaba, Valerie Banfield, Andrea Ingstrup, Hanin Omar, Justin Burkett, Amber Smith, Hala Al Ansari, Cassandra Iammarino, Haitham Kan'an, Danalet Teame, Barbara Rose Lovett, Zohra Hasnani-Samnani, Carolyn Wosley.

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### Weill Cornell Medicine - Qatar

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Stella Major (WCMQ Lead Representative), Mohamud Verjee, Sumeja Zahirovic, Liam Fenyhough, Douglas Bovell, Amine Rakab, Grigory Ostrovskiy, Bassim Uthman.

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### College of North Atlantic - Qatar

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Norman Wong (CNAQ Lead Representative), Gail Waddelton, Patricia Lushman, Bedour Al-Ahmad, Lynn Daley.

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*With grateful acknowledgement for the valuable contribution, by CPH MSc student and graduate teaching assistant for IPE: Sara Abdulrhim, for the design and layout of this newsletter.*



our new website

is finally here!

QU Health has launched its own website with a dedicated section for IPE. For more information, [click here](#).

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## Upcoming Conferences



**ALL TOGETHER BETTER HEALTH IX**  
3 – 6 SEPTEMBER 2018, AUCKLAND

All Together Better Health IX (ATBH IX) is the leading global interprofessional education and collaborative practice conference under the direction of The World Interprofessional Education and Collaborative Practice Coordinating Committee. For more information, please visit our [website](#). IPEC members will be presenting at this conference.

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## Contact Us

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